



Saying 'I do' at the Tattoo

Two former performers made history when they invited 6,500 spectators to be guests at their wedding PAGE 5

TENNIS' TOP NUMBER

ROGER FEDERER RECLAIMS NO. 1 RANKING WITH HIS HISTORIC WIMBLEDON VICTORY PAGE 17



HALIFAX

metro

®

Monday, July 9, 2012



News worth sharing.

metronews.ca | twitter.com/metrohalifax | facebook.com/metrohalifax



MAKING HALIFAX PROUD

Halifax's Geoff Harris poses for a photo with fans, following his men's 800-metre victory at the Aileen Meagher International Track Classic before a crowd of over 1,500 at Huskies Stadium on Sunday night. Harris is headed to the Summer Olympics in London later this month. Story, page 16. JEREMY TSANG/FOR METRO

Whose decision is it anyway?

An HRM report recommends killing Solar City, but Kelly says it's not up to staff to decide PAGE 3

Putin takes on floods crisis

Russian president moves quickly to address anger over the disaster's death toll PAGE 6

The Taxman's tipping point

A Canada Revenue Agency pilot project is going after unreported tips PAGE 8

Formal deal on convention centre coming

HRM to release details of MOU. But it still requires Halifax regional council's signoff

Mayor Peter Kelly isn't expecting any surprises in a memorandum of understanding between the municipality and the province on the proposed convention centre.

That MOU is expected to be made public on the municipality's website on Monday. Halifax regional council will then discuss and vote on it in a public meeting on Tuesday.

"Council gave a directive to staff to go prepare or to get an MOU signed with the province. In there, there were stipulations ... in terms of ownership and time frames," Kelly said Sunday. "Basically we gave direction to staff to go fulfil. I expect that in the report that they would have had fulfilled (that direction)."

Kelly couldn't say whether



Joe Ramia PHILIP CROUCHER/METRO

shovels will be in the ground soon, but comments made Friday by the provincial minister responsible for the file, Maurice Smith, imply construction could be imminent.

Kelly, along with former Transportation and Infrastructure Renewal Minister Bill Estabrooks, originally announced their respective levels of government had come to an agreement on the convention centre project in December 2010. Back then, the deal included a 25-year lease on the

convention centre portion of Joe Ramia's \$500-million Nova Centre, with an option to buy the facility after 22 years, and another option to buy it for \$1 after 30 years.

The two levels of government agreed to cost-share the facility's property taxes — using the \$1.1 million assessment of the current World Trade and Convention Centre to determine the new facility's worth.

The original agreement assumed construction on the Nova Centre would begin in spring 2012, so some variation on the proposed timelines should be expected.

Repeated delays and missed deadlines have fed speculation that Ramia, the head of Rank Inc., was having difficulties attracting tenants for the financial building — the largest component of the Nova Centre.

A seemingly interminable financial crisis in Europe also bolstered the project's detractors and worried supporters.

ALEX BOUTILIER/METRO

GIVING CANADA'S ELITE ATHLETES THE VISION TO SUCCEED

Paula Findlay, Triathlete
5-time World Championships Series gold medalist; Olympic hopeful, London 2012; LASIK MD patient, 2011

LASIK MD VISION

LASIK starting at **\$490** /eye*

FREE Consultation: 1-866-999-0435
lasikmd.com/teamlasikmd

*Prices are subject to change without prior notice and vary based on prescription strength. Custom LASIK at \$7,990. Additions to surgery on both eyes only. Other restrictions may apply.



AMHERST

AML Communications
Amherst Centre Mall
142 South Albion St.
(902) 669-3388

ANTIGONISH

Motion Communications
19 A James St. Plaza
(902) 863-5888

BEDFORD

AML Communications
Sunnyside Mall
1595 Bedford Hwy.
(902) 463-3388

BRIDGEWATER

World of Wireless
533 King St.
(902) 543-6363

DARTMOUTH

AML Communications
121 Ilsley Ave.
(902) 468-3388

AML Communications
Mic Mac Mall
21 Mic Mac Blvd.
(902) 466-3388

GREENWOOD

AML Communications
Greenwood Mall
936 Central Ave.
(902) 760-3399

HALIFAX

AML Communications
201 Chain Lake Dr.
(902) 455-3388

AML Communications
5693 Spring Garden Rd.
(902) 492-3388

SACKVILLE

AML Communications
405 Sackville Dr.
(902) 865-3388

NEW GLASGOW

Motion Communications
60 Archimedes St.
(902) 752-5888

NEW MINAS

AML Communications
County Fair Mall
9256 Commercial St.
(902) 681-3388

PORT HAWKESBURY

Motion Communications
634 Reeves St.
(902) 625-5777

SYDNEY

Soundafex
484 Grand Lake Rd.
(902) 564-9400

TRURO

AML Communications
Truro Mall
245 Robie St.
(902) 893-2288

YARMOUTH

AML Communications
Yarmouth Mall
76 Starrs Rd.
(902) 742-3388



HALIFAX

Halifax Shopping Centre
7001 Mumford Rd.
(902) 455-1778

Now available
until July 16

iPhone 4 now \$0 Why wait any longer?



iPhone

\$0¹ with 3-yr. **FLEXtab** agreement
on select plans

\$549⁹⁹ month-to-month price

Visit your local Rogers store today and find out how you
can get it on your terms with Rogers new **FLEXtab**.™

CONNECT EXCITING TALK SHARE RELIABLE ACCESS LIFESTYLE NETWORK CHAT
TALK FRIENDS SURF FLEXtab NETWORK LIFE TEXT FIRST FAST
CHAT ACCESS SURF FLEXtab NETWORK LIFE TEXT FIRST FAST
FREEDOM EXCITING

Creating World-Leading
Internet Experiences.



«WIRELESSWAVE»

FUTURE SHOP



Offer available for a limited time while quantities last and subject to change without notice. 1 With new activation on any 3-yr. voice and data plan having min. \$47.75 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and Additional Device Savings Recovery Fee. TM and © 2012 Apple Inc. All rights reserved. ®Rogers & Mobius Design and FLEXtab are trademarks of or used under license from Rogers Communications Inc. or an affiliate. Other brand names & logos are trademarks of their respective owners. © 2012 Rogers Communications.

Next stop...

No automated audio planned for Metro Transit stops

You won't be hearing your bus stop any time soon in Halifax.

Metro Transit's Universal Accessibility Plan has ruled out automated stop announcement — that little voice that tells you what stop is next on the line — for the time being.

"This feature makes transit more accessible to residents with visual impairments, and is also useful to passengers that are not familiar with the route, or in situations where visibility is reduced due to crowded buses or inclement weather," reads a report coming before council on Tuesday.

"Although automated transit stop announcement would be a valuable asset, there are no immediate plans for implementation."

The report goes on to say automated stop announcement may be possible — like it currently is in a number of major Canadian cities — in Halifax's future. But that largely depends on an Automated Vehicle Location road map.

The report does not indicate when that road map will be complete.

But the report does say that real-time bus scheduling — accessible through the Go Time system — is finally a reality, more than five full years after Metro Transit announced it.

The system isn't fully operational, however.

The report notes if the Go Time voice says a bus is "scheduled to arrive" rather than "will arrive" at a given time, the system is down and the information is not based on the actual location of the bus.

ALEX BOUTILIER/METRO



Brian McKay, owner of Aztek Solar, looks over an evacuated tube collector on the roof of a Spryfield home in this file photo from last year. RYAN TAPLIN/METRO

Council to decide on Solar City, not staff, mayor says

Deciding the fate. HRM report recommends killing solar-panel project



ALEX BOUTILIER
alex.boutilier@metronews.ca

Halifax regional council will decide the fate of the much-ballyhooed Solar City project on Tuesday.

A staff report recommends discontinuing the project — which aimed at allowing home owners to finance solar panels through an add-on to their property bill — and forwarding the file to the provincially run Efficiency Nova Scotia.

But Mayor Peter Kelly said that council will determine the project's fate, not senior staff,

"no ifs, ands or buts."

"I think we need to be creative when we can," Kelly said Sunday, indicating he supports the project. "I think we need to look down the road as to how we can most beneficially effect positive environmental change, and this is one of those areas."

The report, submitted by Deputy Chief Administrative Officer Mike Labrecque, suggests that in the absence of a \$5-million loan applied for under the Federation of Canadian Municipalities' Green Municipal Fund, the project is not a commercially competitive option for residents.

That's mostly due to the discontinuation of federal and provincial programs, resulting in \$2,500 less in rebates available to Solar City customers, according to the report.



Peter Kelly METRO

Whose mandate?

The staff report also implies that Solar City falls outside the municipality's mandate, suggesting Efficiency Nova Scotia is better equipped to carry out these kind of projects.

"The end result is approximately \$2,500 less in rebates... anticipated for homeowners, making the business case more challenging to HRM and residents," reads the report.

"On average, homeowners will save \$330/year on today's energy costs with a solar hot-water installation."

That's not enough to offset the yearly costs associated

with the project, where residents are anticipated to spend \$577 annually for one panel or \$701 for two.

In a letter obtained by the CBC, provincial Energy Minister Charlie Parker indicated he'd like to see the project continue. It is not clear, however, if the province intends to kick in more money.

The department did not respond to several interview requests Sunday.

1

NEWS

On the web

Disney icons take to the stage in North Korea

North Korean dictator Kim Jong Un, the son and successor of the infamous Kim Jong Il, hosted an elaborate stage performance featuring Mickey Mouse, Winnie the Pooh and Tigger, just to name a few. For the record, the Walt Disney Co. did not authorize the performance. Read more at metronews.ca.

Mobile news



A man from Massachusetts has paid off his 35-year mortgage in true penny-pinching style: By making his final payment entirely with pennies — about 62,000 to be exact, weighing about 360 kilograms. Scan the code to learn more about this master copper-roller.

on your

SAVE BIG

Very Important Purchases

at our VIP Sale Event

5657 SPRING GARDEN ROAD
SHOPPARKLANE.CA

Participating stores only. See in store for details.

Toddler. 'Miraculously' unharmed after falling from third-floor window

A three-year-old boy who fell from a third-floor window on Sunday afternoon is one lucky kid.

Halifax Regional Police say he has escaped without any serious injuries. "The child is miraculously unharmed," said Staff Sgt. Lindsay Hernden.

Police were called to a third-floor apartment in the 0 to 100 block of Mountain Road in Halifax just before 4 p.m.

Paramedics were called and the child was taken to the IWK

Foul play not suspected

- Police are continuing to investigate, but Staff Sgt. Lindsay Hernden said there is no suspected foul play.

Health Centre.

After being looked over by doctors, police say there were no serious injuries of any kind.

PHILIP CROUCHER/METRO

2010 shooting

Province offering \$150K reward for info on Halifax homicide

The province is offering a \$150,000 reward for information leading to an arrest and conviction in a two-year-old homicide investigation.

Police say 21-year-old Ryan Matthew White was found on Jarvis Lane in Halifax in July

2010 after being shot in the chest.

Late last month, Halifax police scoured a wooded area in the city's north end, acting on new information in the case. Police have not disclosed what they hoped to find, nor would they say whether any evidence was found during the search.

The reward is being offered under Nova Scotia's Rewards for Major Unsolved Crimes Program.

THE CANADIAN PRESS

Two charged. Dental records confirm remains are those of Peacock

Police say human remains found last week are those of Melissa Dawn Peacock of Dartmouth.

The RCMP say the determination was made by the province's medical examiner through the use of dental records.

Police say Peacock left her home on Nov. 7 and it was believed she travelled to Gore, about 60 kilometres northwest of Halifax, later that day. She was reported missing on Nov. 9.

Twenty-four-year-old Dustan Joseph Preeper of Halifax was arrested Tuesday and charged



Melissa Peacock CONTRIBUTED

with first-degree murder in Peacock's death.

Twenty-year-old Joshua Michael Preeper of Kennetcook also faces a first-degree murder charge in the case.

THE CANADIAN PRESS

No injuries

Home catches fire after lightning strike

Several fire departments in the New Glasgow area responded to a house fire on Trenton road on Saturday afternoon.

The blaze was started when a bolt of lightning struck the house around 12:30 p.m. "Everyone got out safely," said Sgt. Steve Curley of the New Glasgow Police Department.

The blaze was thought to be contained mostly in the attic house that is sectioned into apartments.

NEW GLASGOW NEWS

Back home

Missing man returns in good health

A man from HRM missing for just over a day has returned home.

Police say 57-year-old Alan James Morrow, who was last seen at the Mic Mac Mall in Halifax Friday night, went back home.

A release says they were notified of his return around 12 p.m. Sunday.

Police were concerned because he requires medication.

They say at this point, he appears to be in good health. THE CANADIAN PRESS



Jazzin' up the waterfront for a Halifax tradition

Wallace Smith Jr., left, and Wallace Smith Sr. of The Sanctified Brothers get into the music as they perform a free daytime concert at the Halifax Jazz Festival on Sunday afternoon on the Halifax waterfront. The festival runs through Saturday. JEREMY TSANG/FOR METRO

Vets' payments still clawed back: Advocates

Court ruling declared practice illegal. NDP's Stoffer says feds could easily start payments he says the ex-military members are due

Court decision on the so-called clawbacks.

The court found the government was acting illegally by reducing veterans long-term disability benefits because they were receiving pain-and-suffering payments and other awards.

Defence Minister Peter MacKay said the clawbacks would end July 1.

But many vets are still having thousands of dollars withheld, reducing their disability payments to nothing.

Ron Cundell, who receives a Canada Pension Plan disability benefit, a military pension and a pain-and-suffering award from Veterans Affairs, said his long-term disability payment has not been reinstated.

"The most severely injured — we're getting squat," he said

Government responds

- In an email to The Canadian Press on Friday, a spokesman for National Defence said the government "has begun discussions with the claimants' legal team to resolve all outstanding issues."

Plan.

But like many other veterans, his other payments exceeded the limit of 75 per cent of his military salary, so he received nothing in long-term disability through the income security plan.

Other veterans whose benefits haven't exceeded the 75 per cent cap have seen their payments reinstated, as MacKay said they would.

But veterans' advocates argue those with most grievous injuries should see an immediate reinstatement of the benefits, particularly since many can't work and rely solely on pain-and-suffering awards.

"The government should be saying whatever it takes to fix this system, fix it," said Peter Stoffer, the NDP's veterans affairs critic. THE CANADIAN PRESS



John Mellencamp in concert last year in New York City. MIKE COPPOLA/GETTY IMAGES

Mellencamp fever hitting city with back-to-back shows

Halifax loves John Mellencamp so much he is staying for two nights.

Mellencamp's No Better Than This Tour with opening act the Cowboy Junkies goes Monday and Tuesday night at the Dartmouth Sportsplex.

Laurie Clarke, a Halifax resident with tickets to tonight's concert, can't wait to see Mellencamp for the first time.

"It's bringing me back to the 1980s; I'm feeling young all

over again," she said. "I hope he plays a lot of his older (songs). Ain't Even Done With The Night is probably my favourite."

The concert is being held at the much-smaller Dartmouth Sportsplex, due to the Halifax Metro Centre being tied up with the Royal Nova Scotia International Tattoo.

But for fans, this only means they'll be that much closer to seeing — and hearing — Mellencamp, who is currently tour-

Tickets still available

- Tickets remain for both shows in the \$80 or \$100 price points. Visit ticket-pro.ca for details.

ing the Maritimes.

"I think it'll be good because it's a smaller venue," said Clarke, who has floor seats.

KATE HOWELL/FOR METRO



Carsten Borkert next to former Halifax resident Stacia Findlay during their wedding ceremony on Saturday.
J.P. LAFLEUR/ROYAL NOVA SCOTIA INTERNATIONAL TATTOO

Nuptials a first at the Halifax Tattoo

Closure. The Tattoo wrapped up on Sunday

KATE HOWELL
halifax@metronews.ca

The Royal Nova Scotia International Tattoo may be over, but its outcome is only just beginning.

Two former Tattoo perform-

ers made history when they invited 6,500 spectators to be guests at their wedding during the Saturday preshow.

Stacia Findlay, a choir member, met German band member Carsten Borkert while performing in the Tattoo in 2009.

Three years later, it only seemed right to tie the knot on stage. "It went very well," Tattoo spokeswoman Leah Whitehead said of the ceremony, which was an event first.

Themes

- The Royal Nova Scotia International Tattoo had three different themes this year.
- They commemorated the War of 1812, the Titanic, and paid tribute to the Queen's Diamond Jubilee with coronation footage.



BECAUSE SHE'S STILL YOUR BABY

You'll always want what's best for her. When it comes to driver training you'll want to choose Young Drivers of Canada. YD teaches more than just the basics. With YD's Collisionfree! Approach to Driving™, you'll know that she has been through the safest and most effective driver training available. Of course you'll still worry...just a lot less.

Prepare for the road ahead.

For more details or to enroll online, visit www.yd.com or call 425-1322.

NEXT COURSE DATES:
Halifax - July 12 Evenings
Dartmouth - July 24 Daytime
Lower Sackville - July 24 Daytime
GDL Exit - July 23 & 25 Evenings



ISO 9001:2000
Registered



Long Distance
Call anywhere in the world at our
Lowest Rates Guaranteed



Philippines
10.9 ¢/min



Vietnam
3.9 ¢/min



Cuba
89.9 ¢/min



Iran
4.9 ¢/min

**Call us today
& we'll beat
your rates!**

No matter where you call
No matter what rate you pay

Comwave will beat any competitor's rates

**Call from your
Mobile Phone**



**Unlimited Calling
to anywhere in
CANADA**

\$5
/month

Call from your
home or even your
mobile phone



**Download our Comwave Mobile App
3 Days Free Trial**



BlackBerry
App World

1-866-519-8090

While Comwave makes every effort to ensure accuracy, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lowest Rate Guarantee is based on competitor's lowest advertised rate for the service. Comwave will not rate match against quality or contract services, bundled minute plans or prepaid calling cards due to their maximum billing amounts. Bundled minute plans cannot be shared by more than one line. Excess minutes from one month do not carry over to the next month. Excess minutes will be billed at our lowest rate guaranteed. Calls to Domestic Mobile Numbers may be billed at a higher rate. Terms and conditions apply, see www.comwave.ca for details.

Rescued aid worker. Kidnapped Canadian to reconsider line of work

A Canadian aid worker who was kidnapped in Kenya says he's taking some time off to think about the future.

Steven Dennis, 37, was one of four workers who was kidnapped June 29 and rescued in Somalia just days later.

The Toronto man told a news conference today he's grateful for the rescue effort.

Dennis says kidnappings are one of the risks of aid work and he will re-evaluate whether he wants to continue taking that kind of risk. He's taking a few months off and not making any plans.

The four workers were rescued last Monday after three days in Somalia, when authorities swooped down on the group, killing one kidnapper.

Also kidnapped and res-



Steven Dennis arrives by Kenyan military helicopter in Nairobi, Kenya, July 2.

KHALIL SENOSI/THE ASSOCIATED PRESS

cued were, Qurat-ul-Ain Sa dazai, 38, of Gatineau, Que., Astrid Sehl, 33, of Norway, and Glenn Costes, 40, a Filipino, who was shot and injured during the initial kidnapping.

THE CANADIAN PRESS

Development aid. Donors from 70 countries pledge \$16 billion for Afghanistan

Canada and other major donors sought to assure Afghanistan that development aid will not dry up when foreign troops leave the country by pledging billions of dollars through 2015, on the condition the money is not squandered through corruption or mismanagement.

Weariness after more than a decade of fighting, and exasperation over the inability or unwillingness of President Hamid Karzai's government to tackle rampant corruption and graft, have weighed on the international community's resolve to keep supporting Afghanistan.

The landlocked Central Asian country is highly dependent on foreign aid, and there is concern Afghanistan could descend into chaos if the government cannot support itself after most NATO troops withdraw in 2014.

Donors from around 70 countries and organizations pledged \$16 billion in development aid for Afghanistan on Sunday at a one-day conference

Quoted

"It's very clear what areas the international community is requiring the Afghan government to take action on."

Conservative MP Chris Alexander

in Tokyo.

Canada will contribute an extra \$227 million in development aid between 2014 and 2017, with the money aimed at empowering women and girls in the areas of education, human rights and humanitarian assistance.

The money is in addition to the initial commitment of \$300 million that Canada promised between 2011 and 2014.

Conservative MP Chris Alexander, the parliamentary secretary for national defence, attended the Tokyo conference and said Canada and other donors will keep a close eye on how the money is spent.

THE CANADIAN PRESS

Pakistan

Islamists protest shipments

Thousands of hardline Islamists streamed toward Pakistan's capital in a massive convoy of vehicles Sunday to protest the government's decision to allow the U.S. and other NATO countries to resume shipping troop supplies through the country to Afghanistan.

THE ASSOCIATED PRESS

Egypt

'Emergency' meeting held

Egypt's official news agency says the country's top generals are holding an "emergency meeting" to discuss the decision by the president to recall the dissolved parliament. The then-ruling generals ordered the legislature dissolved following a ruling by Egypt's highest court.

THE ASSOCIATED PRESS



A local resident stands at a flooded house in Krymsk, about 1,200 kilometres south of Moscow, Sunday. IGnat KOZLOV/THE ASSOCIATED PRESS

Floods devastate southwest Russia

Black Sea region.

Torrential rains drop up to a foot of water in hard-hit town of Krymsk, killing at least 171

Quoted

"I came out and the water was already up to my waist."

Krymsk resident Viktor Nikolychuk

Nikolychuk said he and his wife were roused by their daughter, who lives a block away.

Russia's investigative agency to establish whether enough had been done to warn people about the floods. Federal prosecutors also said they were investigating whether the population had been properly protected from "natural and technological catastrophes."

Russia has seen a series of natural and man-made disasters in recent years, many of them blamed on aging infrastructure or lax safety rules.

Torrential rains dropped up to a foot of water in less than 24 hours, which the state meteorological service said was five times the monthly average. The water rushed into the

hard-hit town of Krymsk early Saturday with such speed and volume that residents said they suspected that water had been intentionally released from a reservoir in the mountains above. Local officials denied this, saying it was not technically possible to open the sluices.

Federal investigators, however, acknowledged Sunday that water had been released naturally from the reservoir, but they insisted it did not cause the flooding and the dam had not been breached. They said the problem was the heavy and sudden rainfall.

Krymsk received a total of about 221 millimetres of rain

overnight, but 50 millimetres of that came in less than an hour late Friday, the meteorological service said.

Many residents remained unconvinced, however. During an outdoor meeting with the regional governor, who tried to persuade them that the reservoir was not the source of the flooding, residents shouted that they did not believe him and repeatedly interrupted him.

The governor then agreed to allow five citizens and a journalist to fly over the dam in a helicopter.

Putin had already sent his emergencies minister on an inspection mission, a further indication of the concern over the condition of the reservoir. Vladimir Puchkov later reported that he had flown over the dam and seen no evidence of any damage.

THE ASSOCIATED PRESS



A woman carries her baby past a washed away bridge in Deeghal village, Sunday.

ANUPAM NATH/THE ASSOCIATED PRESS

Monsoon floods ravage northeastern Indian region

The death toll has risen to 121 as damage mounts from monsoon floods that devastated the northeastern Indian state of Assam.

Villagers are still finding bodies in receding waters. On Sunday the death toll stood at 121, including 16 buried in mudslides.

About half of the 2.2 million people who were displaced remain in makeshift shelters or with relatives or friends. The central government has offered \$90 million US in aid to the agricultural state, where at least 254,000 hectares (627,600 acres) of rice fields and other crops

have been affected.

The floods also killed 559 animals in the Kaziranga game reserve, including more than 400 hog deer and 14 of its 2,300 endangered one-horned rhinos. State environment minister Rokybul Husain called it a catastrophe.

THE ASSOCIATED PRESS

WagJag.com

DEAL OF THE DAY!

GET DEALS ON YOUR PHONE:



Buy For:
\$49

\$49 FOR 3 HOURS OF HOUSE
CLEANING FROM FAKOLSON
PORTERS (A \$300 VALUE)

Regular Price: \$300

You Save: \$251

Discount:

84%



Buy For:
\$39

\$39 FOR A 6-PAGE WEB DESIGN PACKAGE
INCLUDING 1 YEAR OF OPTIONAL FREE HOSTING
FROM WEBTECHFORCE (A \$455 VALUE)



Buy For:
\$24

\$24 FOR A 2-YEAR SUBSCRIPTION TO
CANADIAN LIVING MAGAZINE (A \$48 VALUE)



Buy For:
\$29

\$29 FOR A DNA SELF-DISCOVERY KIT FROM
CONNECTMYDNA (A \$90 VALUE)

WagJag.com and TELUS®

Are Proud To Work Together To Give TELUS Wireless Subscribers

\$10 WagJag Credit Every Month!

Visit www.wagjag.com/telus



Visit: **WagJag.com**

Follow us on: facebook.com/wagjag
[@wagjaghalifax](https://twitter.com/wagjaghalifax)

Hurry to WagJag.com to purchase local deals before time runs out.

Taxman's pilot project exposes unreported tips

Canada Revenue Agency. Auditing blitz in St. Catharines, Ont., finds 'surprising amount' of unreported income by wait staff

A blitz by Canada Revenue Agency auditors on an unfortunate group of waiters and waitresses in one Ontario community has exposed "very surprising" amounts of unreported tips and gratuities.

The pilot project targeted 145 servers working in just four restaurants in St. Catharines.

Auditors reviewed two years' worth of income and found that every individual had hidden some portion of their tips from the taxman, with about half reporting no tips whatsoever.

In the end, the blitz flushed out \$1.7 million in unreported tips and gratuities — almost

Underground economy

The Statistics Canada study, using macro-economics rather than direct measurements, estimated undeclared tips were worth some \$1.3 billion in 2008 — a small fraction of the underground economy.

- A spokeswoman for the Canada Revenue Agency said officials are still reviewing the pilot project before deciding next steps.

\$12,000 for each person.

"Our results indicate that tips are more likely to be 100 per cent to 200 per cent of ... wages. In essence, they are only reporting five per cent to 10 per cent of earned tips/gratuities," says an internal report on the project.

The auditors conclude: "The

amount of unreported income was very surprising."

The Canadian Press obtained a heavily censored copy of the 2010 report under the Access to Information Act, after an 18-month delay by the Canada Revenue Agency that violated legislated deadlines.

The St. Catharines' blitz was among dozens of pilot projects across the country that targeted the underground economy, estimated to be worth as much as \$36 billion in 2008, according to a Statistics Canada study prepared for the revenue agency.

The other projects, which also reported in 2010, focused on the trucking industry, house-flipping, electronic sales suppression or cash-register zapping — even Quebec's maple-syrup industry.

The tax agency has long known that the hospitality industry is rife with tax-reporting abuse, partly because tipping is often done using cash.

THE CANADIAN PRESS



The fabric of China's fortune

A worker lays out fabric at a furniture manufacturing factory in Zhanjiang, China. The city in Guangdong province, the heart of China's export-driven manufacturing industries, reflects the conflict between the Communist Party's need for a robust private sector and its determination to build up state-owned companies. The backbone of the local economy is private factories that employ thousands of people making furniture and traditional Chinese medicines or processing seafood. ANDY WONG/THE ASSOCIATED PRESS FILE

Tax overpayment

AIG sues U.S. feds for \$30.2 million

American International Group, the insurance giant saved by a massive federal bailout, wants some tax money back — from 1991.

AIG is suing in Federal Claims Court in Washington for \$30.2 million US. It says that's how much interest is owed from an overpayment 21 years ago.

AIG said it underpaid taxes from 1997 to 1999. But it said the government owes it interest for an overpayment in 1991. It said the two claims work out to \$30.2 million in the company's favour.

AIG's \$182.5 billion bailout was the largest of the financial crisis.

THE ASSOCIATED PRESS

Retail

Target Canada gets go-ahead

Ottawa has approved Target's plan to enter the Canadian market and sell books and other cultural products such as DVDs, music and magazines.

The plan by the U.S. retailer to open stores in Canada was reviewed under the Investment Canada Act to ensure the store's shelves will have enough homegrown content.

In approving Target, Heritage Minister James Moore said the retail chain plans to create more than 20,000 new jobs and has committed to sell uniquely Canadian cultural products in its Canadian stores.

THE CANADIAN PRESS



Finance Minister Jim Flaherty
THE CANADIAN PRESS

New rules allow banks to choose dispute body

The Canadian government is proposing a set of new standardized rules to govern how complaints against big banks are handled, but Ottawa is formally giving banks permission to pick who will hear customer disputes.

The new rules follow the departure of the Royal Bank in 2008 and Toronto-

Dominion in 2011 from having complaints heard by the federally appointed Ombudsman for Banking Services and Investments (OBSI) in favour of ADR Chambers, an independent dispute settlement service.

Although there was no specific regulation on the point, the government will now formally allow other

private agencies to enter the field of adjudicating consumer complaints as long as they meet certain standards.

Critics were quick to pounce on the announcement.

The Public Interest Advocacy Centre called the regulations weak and said they would could "destroy" OBSI since rivals more to

the banks' liking are likely to emerge.

"The bank is choosing them, the bank is paying them — it doesn't sound like an independent process to me," added NDP finance critic Peggy Nash, who called on Flaherty to reinstate the previous system back in May.

THE CANADIAN PRESS

SEA COMMUNITY.
SEA FARMERS.CA
SEA WHAT'S HAPPENING.

Sharing the coastal resource.
Respecting the environment.
Growing our local economies.

This is what Sea Farmers do.

Get informed at seafarmers.ca.

AMNS
Alliance of Marine Naturalists
Society of Marine Naturalists

PRISON TIME SHOULDN'T BE ONLY PUNISHMENT FOR HURLBURT



**URBAN
COMPASS**
Stephen Kimber
halifax@metronews.ca

I don't envy Justice David Mac-Adam.

Between now and July 27, he must parse the image of Richard Hurlburt as presented in court last week by his friends and colleagues

— the “all-around good guy” and pillar of his community who never met a community cause he did not support — with the reality of the convicted felon who calculatedly bilked taxpayers of more than \$25,000.

He must balance the public's righteous desire to make an example of the disgraced former MLA — the maximum penalty is 14 years in prison — with the reality of the more modest

In comparison to other MLAs

While many MLAs used the excuse of a flawed expenses system to make extravagant, entitled-to-my-entitlements expenditures — remember that \$737 espresso machine and those pricey digital cameras — Hurlburt took excess to excess, filing fake claims to scam provincial taxpayers.

He submitted a “quote” for a \$9,000 generator, for example, as a paid receipt, finally buying a much cheaper see-it-exists version only after the auditor general began verifying MLA expenses.

He claimed he'd spent \$3,500 for a big-screen TV for his constituency office. He actually installed it in his house.

Twice, he submitted end-of-year, non-receipted receipts totaling nearly \$13,000 for renovations to his office. There were no renovations.

What makes the already well-to-do Hurlburt's crimes especially egregious is that — unlike Wilson, who was a gambling addict — there doesn't appear to have been any explanation for Hurlburt's actions other than greed.

So what should his punishment be?

There should be actual jail time, but it will likely be modest, six months at most.

Since Hurlburt has already paid back the money he stole, the most useful penalty would be to sentence Hurlburt to speak to every high school in the province explaining to them — and to us — how and why an “all-around good guy” ended up doing something so wrong.



Richard Hurlburt and his wife Nancy arrive at Nova Scotia Supreme Court in Yarmouth, N.S., on April 12, 2012. Hurlburt pleaded guilty in April to fraud and breach of trust. ANDREW VAUGHAN/THE CANADIAN PRESS

Weren't you ever told ...



STÉPHANIE KILGAST/PETITPLAT.FR

... not to play with your food?

Diminutive dinner

Micro meals make for masterful art

These delicious-looking platters look like tasty tiny treats, but, in truth, it's for your eyes only: They're made of clay. Stéphanie Kilgast, a 26-year-old French artisan from Vannes, Brittany, in northwestern France, has been making minuscule works of “food” since her childhood. Metro chatted with Kilgast about her appealing art.

METRO

Kilgast explains ...

- **How it's done.** “I sculpt using polymer clay and then bake the designs in the oven. The actual sculpting can be quick, but the composition can take some time. Very simple dishes can be done between 30 minutes and two hours.”
- **It looks so life-like.** “I'm obsessed about the quality. I will rework certain items over and over again until I'm happy. I always work with pictures of real food and sometimes the real food just beside me.”

- **Biggest problem.** “I get hungry! That can be problematic.”
- **How it started.** “When I was a child, I did miniature food for my dolls, and have always been into arts and crafts. Later, when I was still studying architecture, I was supposed to work for the summer, but didn't find a job, so I went to my parents for seven weeks. After two days, I got bored and searched the web to find a new craft. I stumbled upon miniature food, and that intrigued me again. I started a few hours later, and never have stopped since then.”

Tasty number

2

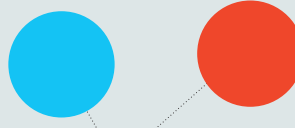
centimetres is the typical size of one miniature food dish. That's roughly the size of a regular postage stamp. Kilgast is currently working on a tutorial book on how to cook up some appetizing-looking “food.”



Register at metropolitanpanel.ca and take the quick poll

What's 2012's song of the summer?

43%
CALL ME
MAYBE BY
CARLY RAE
JEPSEN



43%
RIHANNA'S
WHERE
HAVE YOU
BEEN

14%
PAYPHONE
BY MAROON 5

Twitter

@NickJRox:

If the Jonas Brothers ever came to Halifax I wouldn't ever go home, I'd just follow them around 24/7, tbh. How could I go home?

@_Kris_L:

Sorry #Wimbleton - it's a beauty outside today in #Halifax so I'm beach bound. Nuts to your rain delay.

@ArdathJean:

great music, outdoor art show

and brunch patio @ Backpacker's! Today it appears that Gottingen is Halifax's best summer party!

@LaurenMoshier:

I love downtown Halifax on sunny days like this. #Beautiful-City

@Tanya_DW:

In #halifax doing some shopping and spending money I don't have..yeah haha



President Bill McDonald • Vice-President & Group Publisher, Metro Eastern Canada Greg Lutes • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Halifax Philip Croucher • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Vice-President, Sales Quin Millar • National Sales Director Peter Bartrem • Sales Manager Dianne Curran • Distribution Manager April Doucette • Vice-President, Business Ventures Tracy Day • Vice-President, Creative Jeff Smith • Vice-President, Marketing & Interactive Jodi Brown • Vice-President, Finance Phil Jameson • METRO HALIFAX • 3260 Barrington St., Unit 102, Halifax NS B3K 0B5 • Telephone: 902-444-4444 • Fax: 902-422-5610 • Advertising: 902-421-5824 • adinfohalifax@metronews.ca • Distribution: halifax_distribution@metronews.ca • News tips: halifax@metronews.ca • Letters to the Editor: halifaxletters@metronews.ca

2

SCENE

Box office

**Spider-Man
climbs to
top of
box office**

Your new friendly neighbourhood Spider-Man has spun himself a \$65 million opening weekend and \$140 million in his first six days at U.S. theatres. Worldwide, *The Amazing Spider-Man* has climbed to \$341.2 million. The movie started off as a smaller domestic moneymaker than the previous three Spidey films, but it laid to rest objections that it was too soon to relaunch the superhero franchise.

The new origin story for the Marvel Comics web-slinger comes just five years after Tobey Maguire and Sam Raimi's *Spider-Man 3*. Oliver Stone's drug-war thriller *Savages* opened at No. 4 with a solid \$16.2 million weekend. The concert film Katy Perry: *Part of Me* failed to pack in the pop star's fans, debuting far down the chart with just \$7.2 million.

THE ASSOCIATED PRESS

On the web



Canadian filmmaker wins directing prize at Karlovy Vary film festival



Chris Klein plays Oz in the American Pie franchise. GETTY IMAGES

Chris Klein is one lucky guy when it comes to American Pie

No cringe-worthy scenes. While the rest of the cast has found their characters in some compromising scenes, Klein's Oz has escaped unscathed

Jim cosied up to pie, Michelle dropped her band-camp flute bomb, Finch romanced Stifler's mom, and Stifler had a whole host of sight gags.

But in the history of the American Pie comedy film franchise, fellow character Oz hasn't done anything terribly embarrassing, much to actor Chris Klein's relief.

"I kind of feel like in this franchise I dodge a bit of a bullet playing Oz, because he doesn't necessarily get himself into the real zany humour of the whole thing," Klein said in a recent telephone interview.

Still, Klein did have to learn a "ridiculous hip-hop dance routine" for American Reunion, which comes out on DVD, Blu-ray, and on demand on Tuesday. The scene involves Oz, the former high-school jock and choir member, going on a televised dance competition.

Klein said when directors Jon Hurwitz and Hayden Schlossberg pitched the idea to him over lunch, he laughed so hard people from other tables were staring at him.

"I really went for that in a very, very big way."

But not so big that he's brought those new moves to the dance clubs, he noted.

"Listen, I keep my dancing strictly for the comedy set lest I set myself up for massive amounts of mockery, because one thing I learned about hip-hop dancing is that a six-foot-tall, 205-pound man has no business doing hip hop, especially at 32," said Klein.

"Maybe at 22 I might've been able to pull it off, but hip hop is a young man's game and I will definitely sit on the sidelines when it's for real."

In American Reunion, all the characters from the hit original 1999 film come together for one wild weekend at their Michigan high school.

"To be a part of something that has transcended three generations of fans is such an incredible thing and I would definitely be stoked to do it again," said Klein.

THE CANADIAN PRESS

Reunion

The pie that binds them together

American Reunion is one of three sequels in the franchise after American Pie 2 and American Wedding. The franchise also has four spin-off films.

Chris Klein said he and his castmates from the original '99 film have remained "incredibly close" over the years and have a "very cohesive, incredibly unique relationship and bond based on these movies."

He wasn't in American Wedding, so this latest film marked the first time he got to work with the Pie crew in over a decade.

"These are men who I cannot see for however long and when we come back together, whether it be for a dinner that we had planned or whether it be for another movie in the American Pie franchise, we pick up right where we left off, like no time has passed at all," said Klein.

Comic-Con: The ultimate mecca for geeks

Football fans have the Super Bowl. Soccer enthusiasts have the World Cup. Cinephiles have the Academy Awards.

For pop-culture lovers —the self-professed geeks and nerds who delight in fantasy-inspired fun from anime to zombies —there is Comic-Con, the Olympic-sized celebration of movies, TV, video games, costumes and pop art that began as a humble comic-book convention 43 years ago and is now an annual marketing extravaganza.

From Thursday to Sunday, more than 100,000 pop-culture aficionados will flood the San Diego Convention Center in San Diego, Calif., showing off their Storm Trooper suits, play-

ing yet-to-be-released video games and attending panels featuring A-list filmmakers like Peter Jackson and such hot TV shows as *Game of Thrones*.

But first comes Wednesday's "preview night." Available only to those who bought four-day passes to the sold-out convention, the showing is decidedly low tech, yet high end: it's all about collectible toys. On display will be special-issue, limited-edition playthings and books made just for the pop-culture fest.

These include not only the unique freebies that various booths are giving away, but also coveted collectibles.

THE ASSOCIATED PRESS



The best of Comic-Con might be on Wednesday's 'preview night' where four-day pass holders get first peek at the collectibles. THE ASSOCIATED PRESS

Who are the collectors?

Most toy collectors are men ages 25 to 40, though women are getting into the hobby in growing numbers, says Scott Neitlich, a marketing manager at Mattel. "It's not just about the physical price of the product, but the emotional connection each collector has about what figures they've decided to include," he says. "It's people who grew up in the '70s and '80s who now have disposable income to recapture their youth."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Humphries stands alone

THE WORD

Monica Weymouth
Metro World News in New York

It seems everyone has had enough of Kris Humphries. After reports that his Kim Kardashian rebound, ex-girlfriend Myla Sinanaj, is pregnant, his publicist dropped him as a client. "They went different ways because Kris was becoming too much to handle. These stories about him (dating) girls would pop up (in the press), and he'd deny it — then it would turn out to be true," a source tells Life & Style. "Kris tries to put on this innocent, good-hearted image, but as you get to know him, it just doesn't turn

out to be true."

Unfortunately, being a scheming drama queen won't get you fired from this page. Kris, buddy, we'll check in tomorrow.

Want to hang at home with Gwen Stefani?

After fellow celebs George Clooney and Sarah Jessica Parker invited the Obama campaign over for a party, Gwen Stefani is hosting a Family Fun Day at her home with Michelle Obama. For \$1,000, a family of four can head over to enjoy some "child-friendly campaign fun" at her L.A. mansion on August 12.

Does this include playing dress up with her No Doubt wardrobe? If so, completely worth it — and dubs on that polka-dot Don't Speak dress.

What do Katie, Nicole and Mimi have in common — besides Tom Cruise?

Some eagle-eyed gossip-watchers have noted that all of the actor's wives — Mimi Rogers, Nicole Kidman and now Katie Holmes — have called it quits with him at the age of 33. Just an odd coincidence? Maybe not. In a recent survey conducted by British social-networking site Friends Reunited, 70 per cent of

respondents over the age of 40 claimed they weren't truly happy until they turned 33. "By this age innocence has been lost, but our sense of reality is mixed with a strong sense of hope, a 'can-do' spirit, and a healthy belief in our own talents and abilities," psychologist Donna Dawson says in the survey's findings.



Katie Holmes. ALL PHOTOS GETTY IMAGES

Tom Cruise laying low

While estranged wife Katie Holmes has been out and about in New York City since filing for divorce, Tom Cruise has been lying low.

"It's not Tom's style to do this publicly. He is really sad about what's happening," his lawyer, Bert Fields, tells BBC News. "We are letting 'the other side' play the media until they wear everyone out, and then we'll have something to say."

Cruise is expected to file his own divorce papers in response to Holmes' filing, in which she requested sole legal custody of their 6-year-old daughter, Suri.

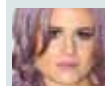
"Tactically, we can't say where Tom will file a divorce case and if he'll be seeking joint custody of Suri," Fields says.

Twitter



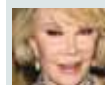
@RedHourBen

Watching Die Hard W/ a Vengeance on broadcast TV. "Yippy-ky-yay MY FRIEND" doesn't quite pack the same punch.



@MissKellyO

Really? The a-hole in front of me almost knocked me out putting her seat back Might get a black eye Im going 2 kick her seat all the way to LA



@Joan Rivers

I love performing on Cape Cod!!! It's the most popular tourist destination for gay men, if you don't count John Travolta's hotel room.



@ConanOBrien

Justin Bieber's new album is not selling as well as expected. Think how bad it would be doing if I hadn't bought 50,000 copies.

Biebs blames his need for speed on pursuing paparazzi

Justin Bieber's need for speed got him in a bit of hot water late last week when he was pulled over and cited for going more than 100 miles per hour in his \$102,000 Fisker Karma sports car on the 101 freeway through the San Fernando Valley, according to E! News.

But he apparently wasn't just out for a joy ride, as Bieber reportedly told California Highway Patrol officers that he was evading pursuing paparazzi.

Whether or not that's true, his driving clearly frightened other drivers, including L.A. City Councilman Dennis Zine. "It was a very dangerous, chaotic situation," Zine tells E! "When he passed me, he was ... driving in a careless, reckless fashion."



Justin Bieber



15 minutes of fame!

Call 420-1013 weeknights to co-host the Interactive NINE@9 with Tessa and Kat!

Discovered this week:

- ★ Megan Andrews from Halifax
- ★ Miranda Zwicker from Porters Lake
- ★ Mary Fellows from Fall River

Interactive NINE@9

1013THEBOUNCE.com
Info@1013thebounce.com

Get the BOUNCE Mobile app here



YOU COULD WIN A COPY OF COMIC-CON ON BLU-RAY™ COMBO PACK!



AVAILABLE EVERYWHERE
JULY 10TH

To register and for full contest details visit clubmetro.com



Battle the heat

Places to cool down the kids

It's summer in Canada — and it's hot! Here are some cool places to take hot kids:

1. The public library. It's cool and free. It also has a great kids section of books, colouring books and magazines. It even has reading time drop-ins.
2. Mall walking. Stroller walking a mall is great exercise (and it's air conditioned).
3. Play date. Have a buddy over to play. Break out the sprinkler, buckets of water or the baby pool.
4. Crafts in the cool basement.
5. Swim in the bathtub. Cool the hot kids off with a swim in the bathtub. It takes the chore of a bath and turns it into fun when you do it in the middle of the afternoon, while wearing a swimsuit!

And remember, whether you stay home or go out — drink lots of liquids (both you and the kids) to keep hydrated.
CAROLINE FERNANDEZ,
YUMMYMUMMYCLUB.CA

On the Web



Early full-term babies may face later academic woes; more time in womb is better, study says

Clean up

No Popsicle mess

Popsicles are great in the summer, but they can be super messy. Combat this by cutting a little slit in the middle of a cupcake liner and then slipping the Popsicle stick through the slit. The cup will catch all of the drips! KAREN HUMPHREY, YUMMYMUMMYCLUB.CA



Catching the drips is simple with a cupcake liner. ISTOCK

Iced coffee fix

Great to last sip

Does your iced coffee start out perfectly brewed but then rapidly become nothing but a glass of mostly water thanks to those pesky melting iced cubes?

Try making your ice out of coffee instead of water!

Brew your coffee, pour it into ice cube trays

and freeze. When you pop the coffee cubes into your iced coffee, your drink will maintain its full strength as you sip away.

Keep plenty of coffee cubes on hand in your freezer to keep you going all summer long! JEN CHARON, YUMMYMUMMYCLUB.CA



Avoid watered down ice coffee with coffee ice cubes. ISTOCK

It's DIY childrens' meals

Baby food. Making your little one's food doesn't have to be all that intimidating

SARAH DEVEAU
yummymummyclub.ca

Making your own baby food is quick, cost-effective and rewarding. All you need is a blender or food processor, a steamer basket and ice cube trays.

Pick up a few vegetables and fruits — broccoli, carrots, cauliflower, peas, sweet potatoes, apples, mango. Anything except citrus fruits will do.

Clean and peel the food, steam it in separate batches, and then puree it in a blender

Essential tips

- **Safety.** Practice safe food-handling procedures.
- **Brush.** Scrub fruits and veggies very well with a vegetable brush.
- **Mashing.** Soft fruits like bananas need only be mashed. Hard fruits should be cooked first.
- **Less is more.** Don't add salt and sugar.



Making baby food at home only requires a few tools. ISTOCK

or food processor until it is smooth. Spoon the purees into ice cube trays, cover with plastic wrap and freeze. Once frozen, dump the cubes into labelled freezer bags. They'll keep for up to three months.

In less than two hours, you can make enough food for baby for a month.

To prepare food from frozen, remove the required cubes and thaw them overnight in a

small container in the fridge. Initially, baby may only eat half a cube or less, but will soon move up to a cube or two or more of different foods.

Making your own baby food will trim between \$10 to \$15 a month off your food budget, or more as baby consumes more. Quality and taste are also among the reasons most parents give for making their own baby food. By making your own

baby food, you'll have greater control over what your children eat, and their taste buds can be exposed to foods the rest of the family already enjoys.

You'll also make fewer trips to the grocery store, saving yourself the hassle of lugging home and then recycling all those little jars.

YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD

Activities

Get their hands dirty

Summer is about memories and exploration. Mess can help to remove inhibition and allow kids to learn more about themselves.

Let them get messy!

Body painting with pudding

Pudding is edible (obviously!), which is both yummy and safer for young ones who get right into sensory activities with all their taste buds!

Mud pie madness

Whether it's splashing in an old-fashioned nature-generated mud puddle or self-creating one with water and dirt, mud is a joy of childhood that should not be missed. Dirt can be squished and built into structures like sand castles.

Finger painting foolin'

One of our favourite things to do is create massive murals with finger paint. Roll out long rolls of paper outside and tell your children to create a masterpiece. Look around the garden for natural inspiration and paint with a pinecone or stamp with a dandelion head — experiment. And, get messy!

MOMSTOWN

You're six tips away from better family photos

Your kiddos are finally not screaming.

You grab your camera and think, "I only get one shot. Once they hear that little 'click,' the calmness turns to chaos." You take a chance — click — chaos ensues.

Sadly though, your picture isn't quite how you imagined it. Maybe it is too dark or too bright or it's all fuzzy. Let's fix that.

Here are some tips and tricks to taking better pictures of your kiddos:

Always be prepared

Having your camera with you at all times (with totally

charged batteries and empty memory cards) is key.

You never know when those "special moments" will happen!

One rule for most photographers is quantity then quality. Take lots and lots of pictures to ensure that you get one that is just right.

Make a date with your camera

Set aside some time to go over the manual and the camera together. Read and practice at the same time.

Knowing how your camera works always helps when you want to take a picture.

Find the light

Photography is all about lighting and finding the best light is key to getting amazing images.

For most photographs, you want soft lighting. To avoid shadows popping up in images, make sure that there are no bright sunbeams shining onto your subject.

When you are outdoors, find some open shade instead of direct sunlight. This will make a world of difference in your final images.

Take the time to focus

It is imperative that you take the time to focus on

the image you want to capture.

On most cameras this means pushing the shutter button half-way and letting the camera do its thing.

Once you're happy, push the button the rest of the way down and wait until you hear the click.

When focusing for portraits, make sure that your focus point is placed on the subject's eye.

Think outside the box

Once you find the best light for the image you're looking to get, just get your subject in it and YOU do

the moving around.

Get lots of different angles and don't be afraid to think outside the box. Sometimes an off-centre image is more intriguing than a straight-on one.

Variety is important

When you look back at your images you want to remember all the tiny details about your little one, you also won't want all your images to look the same.

Don't forget about babies' little feet and hands, tiny noses, and squishy lips!

NICOLE HERDMAN,
YUMMYMUMMYCLUB.CA

Give the traditional burger a Mediterranean makeover



This recipe serves four and takes less than 30 minutes to make. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)



ROSE REISMAN
for more, visit
roreisman.com

Giving Mediterranean flavour to a traditional burger is perfect for a summer barbecue. The sauce is a must and if you want a bun, go for a multi-grain one.

1. Burgers: Combine the ground beef, egg, dried basil and oregano, bread crumbs, ketchup, garlic, onion and

feta in a large bowl and shape into 4 burger patties. Grill or sauté in a pan lightly coated with cooking spray. Cook on 1 side for 7 minutes, then turn over and cook 3 to 5 more minutes or just until beef is done.

2. Combine all the sauce ingredients in a food processor and purée until smooth.

3. Serve the burgers with the sauce and garnish with fresh basil or parsley. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)**

Ingredients

Burgers

- 1 lb extra-lean ground beef
- 1 egg
- 1 tsp dried basil
- 1/2 tsp dried oregano
- 3 tbsp seasoned dry bread crumbs
- 3 tbsp ketchup
- 2 tsp finely chopped garlic
- 1/4 cup finely chopped onion
- 1/4 cup crumbled feta cheese

Sauce

- 1/4 cup crumbled feta cheese
- 1/4 cup light cream cheese, softened
- 3 tbsp low-fat plain yogurt (or sour cream)
- 1/2 tsp finely chopped garlic
- 1 tbsp lemon juice
- 1 tbsp water
- 1/2 tsp dried basil
- 3 tbsp chopped fresh basil or parsley (for garnish)

Queen of Green

Circling the drain issues with cleaners



QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

How can I unclog a drain without using toxic chemicals?

Christine of London, Ont. Chemical drain cleaners are some of the most toxic household cleaning supplies lurking under your kitchen sink. It's best to avoid them. Many drain openers contain sodium hydroxide (also known as lye and caustic soda). It's highly corrosive, can burn eyes, skin and lungs and is a respiratory irritant. Long-term exposure in the air may lead to ulceration of the nasal passages and chronic skin irritation.

Prevention is the key to keeping your drains clear. Use a drain basket or screen to keep hair and food scraps out.

It's a quick and cheap solution since 99 per cent of the time your drain is clogged with these pesky organics (often well coated

in soap scum).

And, never pour grease down the drain. It will coat your pipes and you'll regret it. A plunger or snake is a simple mechanical solution, or try my simple home remedy with food-grade ingredients!

You'll need one cup of white vinegar, half a cup of baking soda and four cups of boiling hot water.

Step 1: Sprinkle the baking soda down the drain.

Step 2: Pour the vinegar down the drain and watch it fizz for five to 10 minutes.

Step 3: Chase the first two ingredients with boiling water (careful not to burn yourself with the steam). This recipe will work best when used regularly, say monthly, and once you've removed any large bits of debris from your kitchen or bathroom sink manually.

And beware of sodium hydroxide in other cleaner products like oven cleaners, bathroom cleaners, disinfectants and toilet-bowl cleaners. Make my simple green cleaning recipes instead, which you can find at queenofgreen.ca.

Lamb Kebabs grab spotlight

While everyone on the block is doing burgers and dogs, steaks and chops, set yourself apart this summer and grill up something a little bit different.

Lamb kebabs are inexpensive, yet delicious and richly flavoured meat that's perfect for the grill.

To make these kebabs shine, go with a yogurt marinade using classic Greek flavours. The result is a tender, robust kebab with bold, yet fresh flavours.

Even better is that these kebabs can be prepped a full day ahead. The longer the meat bathes in the yogurt sauce, the better the flavour.

1. In a large bowl, mix together the yogurt, garlic, lemon zest and juice, oregano, chives, salt and pepper. Pour half of the yogurt sauce into a bowl, cover and refrigerate. Add the lamb meat to the remaining yogurt sauce in the bowl and mix to coat well. Refrigerate for at least 1 hour and up to

24 hours.

2. When ready to cook, heat the grill to medium-high. Using an oil-soaked paper towel held with tongs, oil the grill grates.

3. Remove the lamb from the yogurt sauce. Thread the meat onto skewers, alternat-

ing with chunks of green bell pepper. Grill the kebabs for 5 minutes per side, turning to cook evenly.

4. Serve the kebabs sprinkled with chopped fresh herbs and lemon wedges for squeezing over them. Serve with the reserved yogurt sauce. **THE ASSOCIATED PRESS**

Ingredients

- 2 cups plain low-fat Greek yogurt
 - 4 to 5 cloves garlic, minced
 - Zest and juice of 1 lemon
 - 2 tbsp chopped fresh oregano
 - 1 tbsp chopped fresh chives
 - 1 tsp salt
 - 1/2 tsp ground black pepper
 - 2 lbs lamb loin, cut into 2-inch chunks
 - 2 green bell peppers, cored and cut into large chunks
- To serve:**
- 1/4 cup chopped fresh herbs, such as oregano, parsley, chives and thyme
 - 1 lemon, cut into wedges



Your husband snores. It's annoying. And it might be deadly.

Snoring may be a sign of **OBSTRUCTIVE SLEEP APNEA**, a common disorder where you have short pauses in your breathing while you sleep. **Untreated**, it can increase your risk for:

- High blood pressure • Heart disease
- Heart attacks • Strokes • Diabetes
- Irregular heart rhythms • Driving accidents
- Work-related accidents



Testing & treating sleeping disorders, particularly **OBSTRUCTIVE SLEEP APNEA**.

Free Testing- No Prescription required. We can help!

Dartmouth 435-0298
35 Baker Drive

Lower Sackville 252-5500
91 Sackville Drive

Halifax 422-1957
287 Lacewood Drive

APPLICATIONS INVITED

Minister's List of Arbitrators Labour and Advanced Education

The Minister of Labour and Advanced Education is seeking applications for the Minister's List of Arbitrators under Parts I and II of the Trade Union Act.

Applicants will be assessed on the following:

- Ability to act in an impartial and neutral manner as an arbitrator in labour relations matters;
- Experience in labour relations dispute resolution (chairing boards of arbitration or acting as a sole arbitrator, acting as a nominee for a party in an arbitration case, presenting cases to Labour Tribunals, etc);
- Knowledge of labour law, employment law and/or human rights law; and,
- Demonstration of judgment, impartiality and objectivity, integrity, and a commitment to hold hearings and render decisions in a timely manner.

Applications will be reviewed by the Arbitration Advisory Committee. Details on assessment of qualifications and further information is available at:

www.gov.ns.ca/lae/conciliation/arbitrat.asp

Interested applicants are asked to submit a cover letter and resume detailing their qualifications, including samples of adjudicative decisions, by **August 17, 2012** to:

Minister Marilyn More
Labour and Advanced Education
c/o Conciliation and Labour Tribunals Division
P.O. Box 697, Halifax, NS B3J 2T8



We can (have it all), but we still have to make all these changes: Author

A female fallacy?

Author Anne-Marie Slaughter responds to the 1.2 million readers of her controversial article about women and work-life balance

MICHELLE CASTILLO

Metro World News

By many standards, Anne-Marie Slaughter — professor of politics and international affairs at Princeton University, former dean of Princeton's Woodrow Wilson School of Public and International Affairs and former director of policy planning for the U.S. State Department — has had it all. So, when she wrote an article in *The Atlantic* explaining how women can't have it all, it sparked a discourse on both sides of the debate.

More than 1.2 million people have come to *The Atlantic* to read Slaughter's piece, which has more than 2,000 comments and over 173,000 Facebook likes — making it the most read piece on *The Atlantic* site, and on track to be the most read ever.

Metro World News spoke to Slaughter about what she wished she clarified in the piece and how other generations might have interpreted the piece in different ways.

As a 25-year-old young professional who wants to have a career, I was intrigued by



Anne-Marie Slaughter, author of *Why Women Still Can't Have it All*. GETTY IMAGES

your article, and I know that a lot of people my age were as well. I noticed that you mentioned that you set it up in the wrong framework in a chat you had later on *The Atlantic*. Can you explain that a little bit more?

As I keep telling people, this is

in part a generational thing. My generation having it all meant, my mother's generation had no option to work. My mother wanted to go to medical school, and she was told, "You're going to get married." That was pretty common.

My generation suddenly had options. We could go to law school and med school, and we could have the careers our mothers could not have, and we could have those careers and you could still have a family. And, that's what having it all meant.

So when I sent my article around to people of my generation as well as younger women, many of them wrote back and said, "Look your message is women can't have it all — yet." In other words, we can, but we still have to make all these changes.

That's the message I was trying to drive home, which is you can have the same choices that men do. You make those choices that men do, that's fine, but we need to make the following choices.

And for people my age?

What I see is for another generation, and maybe two more generations after me — Gen X and Gen Y at least — you hear that very differently, right? You don't understand where it comes from. You can't imagine a world where women had no

The best scenario?

"So, you know I think ideally, the ideal would be to sort of make it as high as you can and then have kids in your early 30s. Take whatever time you need when they're young. Different mothers feel different ways about that, but at least hold open the possibility that when they hit their teens that you may well need to take a pause or a lull or a plateau."

Anne-Marie Slaughter

options. So to you it sounds like — you know, I think Rebecca (Traister of *Salon*) was right — it sounds picky, it sounds particularly bad to talk about having it all when so many Americans are in danger of what they have at all. They have much less.

So I think the framework needs to change, but what I said this morning, what I've said in tweets and interviews is that it's not that easy to talk about it. Yes, it's work-life balance, but it's still an issue that affects women more than men.

I thought the way to go about having it all is to work as hard as you can, have as much as a career as you can until you reach your late 30s when you can decide to have children and then try to resume your career again when our children are 8, 9 or 10?

Two things: you can't wait until your late 30s to have kids. You just don't want to go through what my generation went through. I can't tell you everything women have written to me after the article to explain that you know that they got to where I got and wanted to have kids. You take a look at what happens after you're 35 to your fertility. For women like me, who miraculously through IVF (in-vitro fertilization) managed to have my first child and my pregnancy came pretty quickly, but there are women who didn't.

Even if you can, if there is any way to avoid it, you don't want to be there, you don't want to be having to go through and all the shots and technology and feeling pretty desperate at that point. It's hard to explain to a 25-year-old what a 35-year-old biological clock feels like, but it's real.

But the second point to your question, every parent I know will say to you in many ways they need you more when they're teenagers. It's very hard to believe when your kids are little because you just feel like "Oh my God, they're so needy. They can't feed themselves; they can't bathe themselves." You have to watch them all the time.

The difference is when they're teenagers, you don't have to be with them all the time. Half the time they don't want to be with you, but they do need the parenting which becomes not about time but about judgment, about how to exercise judgment about what fights to pick and what fights not to pick and when does your kid really need help and when is it normal teenagehood. Let me put it this way: It's very hard to do that long distance.

So, you know I think ideally, the ideal would be to sort of make it as high as you can and then have kids in your early 30s. Take whatever time you need when they're young. Different mothers feel different ways about that, but at least hold open the possibility that when they hit their teens that you may well need to take a pause or a lull or a plateau.

We had to reschedule this interview a few times because you've been so busy. Do you think at this point — now that you've taken a step back and let go of your D.C. job and still maintain the high points

Why did she write it?

Getting passed modern guilt

"What caused me to write the article was suddenly getting these sort of negative messages from people and women suggesting that, 'gee it's disappointing that I wasn't able to stay the course. I hadn't been able to go the whole four years, I hadn't been able to be promoted'. And that makes you feel bad."

"That's why I want to say, no, wait a minute this is an incredibly important decision and one that I feel completely good about, except that I have to fight negative messages. And the women who are writing me who are saying thank you, are saying thank you because they feel so devalued when in fact they are making a choice to live up to their responsibilities as parents and to invest in the next generation and to do a whole lot of things as a society we should be celebrating them for not castigating them."

of your career — that you've been able to have it all now?

Honey, measure. Even if I don't do it again, I was the first female director of policy in a job that many people consider one of the top jobs in my profession. I've been a dean, and I've been enormously satisfied as a professor, and I have two kids that I adore and a husband I'm deeply in love with. I'm a really, really lucky person.

So, this is not a complaint that I don't have it all. I do. What I discovered though was that I would have liked to go on. There are other jobs in foreign policy that I was eligible for, and I really wish if I did not have kids, I would be in the running for them and competing for them.

In that sense, I'm making a tradeoff that says, "Look, investing in my children and being with them — because they're only going to be home for five more years and that time will never come again — is more important to me than having one of those jobs."

I hope that doesn't mean I'll never be eligible for one of those jobs, but if it does, well so be it. That's the choice I made when I had kids. So, I'm perfectly comfortable with my decision, and my decision was hard, but I made it.

A career that's good for you -
and your planet.

Join the Planet team at our Halifax Market
Store Manager

Our Halifax store is looking for a Store Manager who will be responsible for the overall operation of the store, including budget, staff management, marketing, and more. Our ideal candidate has 3-5 years of grocery management experience and proven success leading a team to increase store profits.

We offer a competitive salary, generous benefits package and a hefty staff discount plus the opportunity for career advancement.

Please send your resume to careers@planetorganic.ca. For more information about Planet Organic Market, please visit www.planetorganic.ca.

PLANET ORGANIC
MARKET

He's restoring lives one block at a time



Richard Walls, designer and entrepreneur. PROVIDED

Home is where his heart is. Richard Walls has used his designing expertise to do good in his 'hood



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Richard Walls is a visionary entrepreneur who wears his heart on his sleeve.

He's also revitalizing Winnipeg's downtown, one old building at a time, while he gives people who are suffering on the street a new lease on life.

Walls enjoyed a tremendous career as a designer in the hospitality industry.

He also took the lead in restoring Winnipeg's ware-

Secrets of success

Richard Wall's business tips

- There's nothing better than the apprenticeship model. Start small and get to know the business.
- Understand the people that work with you and deliver your ideas. Rather than be an expert, get your hands dirty and walk a mile in their shoes.
- Have honesty and integrity and remember that it's not about making a quick buck.
- Make sure you can add value to anything you get involved with.
- It's never about the money. Enjoy what you do and it'll never be work.

house district and along the way he turned an old hotel on Main Street into 40 rooms of safe and dry housing.

"We took the main floor room and turned it into a drop-in centre for people on the street to come in and get involved in arts and crafts. We found vast majority have mental health issues and are in recovery from drug and

alcohol issues. We work with them to give them a more complete life.

I never thought I'd become a social worker and a designer but my work is more rewarding to me than getting a big cheque at the end of the day.

It's not about making money it's about making a difference in life."

Channel a summer's day at your own desk

It's July and eerily quiet in the office. Your cubicle neighbour took off to the cottage and is sure to return relaxed and a full shade darker. You stare wistfully out the window and wish

you could be out enjoying the sun. To keep motivated when you're cooped up indoors, consider these helpful tips.

NEWS CANADA

Brighten someone's day

Bake cookies for your fellow sunshine-deprived colleagues. It will be the perfect pick-me-up for long afternoons and may even start a trend of sharing homemade goodies around the office for the summer. You can also make someone smile overseas by sponsoring a child with an organization like Christian Children's Fund of Canada (ccfcanda.ca), you can help change the life of a child living in extreme poverty.

Ask for flexible hours

See if your employer will allow you to come in to work earlier so you can leave earlier and enjoy the summer weather. Or ask to work longer hours during the week so you can have Friday afternoons off.

Get out there

Pick a parking spot further away from the front doors so you'll spend more time walking outside. At lunch, go out with colleagues or picnic on the grass. Try to schedule meetings outside or at a nearby park if possible.

Be thankful

Though it's not fun to be staring at a computer when it seems that everyone is out soaking up the sun, remember that the job market is tough and being employed is worth celebrating. Besides, you can save up your vacation days and enjoy time off during non-peak seasons — meaning less crowds and less cost.



Job Fair: Home Support Workers and Potential CCA Students

Northwood Homecare is recruiting caring, compassionate Home Support Workers in the Halifax/St. Margaret's Bay area.

We offer full time positions, excellent wages and benefits, and a work environment where you truly make a difference.

Human Resources representatives will be on hand to speak to you about employment opportunities. A training coordinator from NSCC Waterfront campus will also be on hand if you are interested in taking the Continuing Care Assistant course.

Time: Monday July 9th, 10am – 2pm
Place: Bedford Superstore Community Room, 1650 Bedford Highway

For more information: 454-3369 • hr@nwood.ns.ca

NORTHWOOD
live more.

MoneyProvider.com
\$500 Loan
and more
No credit refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

Read metr@ your money every Tuesday for financial tips, trends and advice.
Only in Metro. News worth sharing.

Adecco
better work, better life
Bell Aliant

Hiring: Field Sales Representatives

Great job opportunities available:

- Base salary plus commission – earning potential of \$71,000+
- Must own a vehicle
- Clean driver's abstract & criminal background check req'd
- Door-to-door experience a strong asset

Apply in person at Adecco's Open House:
Tuesday July 10, 10 am – 3 pm
Cogswell Tower, 2000 Barrington St, ground floor entrance
Don't forget to bring a copy of your current resume!

Can't attend? Apply online at adecco.ca or contact us at 902-423-3344

4

SPORTS

GOLF

Henderson
wins
women's
crown

Abercrombie's Julia Henderson captured the Nova Scotia Golf Association women's amateur championship on Saturday, winning by five strokes at the Mountain Golf and Country Club in Truro. Paragon's Leslie Houde took the senior women's crown. On the men's side at the Bell Bay Golf Club in Quebec, Moncton's Mathieu Gingras won the title by a whopping eight strokes.

METRO

Mobile news



Heading into Major League Baseball's All-Star break, the Philadelphia Phillies may need more than four days to recover from a dreadful first half. The five-time NL East champions have lost 10 of 11 games and are 13 games under .500 (37-50). And the losing is taking its toll on players and coach Charlie Manuel. Scan the code for the story.



Bridgewater's Jenna Martin pushes for the finish line during the Aileen Meagher International Track Classic at Huskies Stadium on Sunday. Martin raced to victory in the women's 400-metre dash. JEREMY TSANG/FOR METRO

Crowd charges up Olympic athletes

Aileen Meagher International Track Classic. Nova Scotia runners spurred to victories by vocal fans



MATTHEW WUEST
matthew.wuest@metronews.ca

Geoff Harris and Jenna Martin got all the help they needed from the home crowd at the Aileen Meagher International Track Classic on Sunday evening.

The Olympic-bound stars received a huge boost from more than 1,500 vocal, appreciative fans on their way to victories, with both saving their biggest push for the final 100 metres directly in front of the Huskies Stadium bleachers.

Harris, a Halifax native, pulled away from the pack in dramatic fashion down the stretch for a win in the men's 800 metres, while Martin, of Bridgewater, gained separation early and didn't let up in the women's 400.

"The crowd here, I've

never seen the Aileen Meagher like this," Harris said. "When everybody started cheering, I was going, 'There's no way anybody's going to pass me after that.'"

"They hyped it up, they made me come in stronger," Martin added. "Half of it I think was my family, and they were extra loud. It was awesome."

Harris, 25, won in 1:47.90, 0.49 faster than Bermuda's Aaron Evans.

Martin, 24, won in 52.67 seconds, 0.36 faster than Chantal Malone of the Virgin Islands.

Neither set a personal best in what was the second-to-last competitive race before the Games for both.

But it meant something to win at home. Harris had never tasted victory at the Aileen Meagher, while Martin's only win came when she was in high school, when no prize money was awarded and the field was less competitive.

"Finally!" Martin exhaled afterward.

"I'm doing my warmup and I said (to myself), 'You know what, if I'm repre-

First-place finishers

Winners of National Track League events at the Aileen Meagher International Track Classic on Sunday in Halifax:

WOMEN

- **100m hurdles.** Nikita Holder, Canada, 12.88.
- **400m.** Jenna Martin, Bridgewater/Canada, 52.67.
- **800m.** Lemlem Ogbasillasse, 2:02.18.
- **1,500m.** Katie Van Buskirk, Canada, 4:12.88.

MEN

- **Long jump.** Saeko Oakayama, Japan, 6.18m.

- **100m.** Derrick Atkins, Bahamas, 10.20.
- **800m.** Geoff Harris, Halifax/Canada, 1:47.90.
- **1,500m.** Taylor Milne, Canada, 3:40.31.
- **Shot put.** Derrick Vicars, U.S., 18.84m.

senting Canada at the Olympics. I should be able to win the Aileen Meagher," Harris said. "I was like, 'I'm going to go out and win this.' ... So I did."

Harris and Martin drew plenty of attention from fans and autograph seekers after their races.

"I'm quasi-famous for about a day," Harris said jokingly after signing a few programs and posing for photos.

"I think I'm getting my 15 minutes right now, so I'll sign as many as I can so I can remember this."

Both Harris and Martin are planning to compete in the Toronto International Track and Field Games on Wednesday before heading to Germany for a pre-Olympic training camp.

Athletics events at the Olympics run from Aug. 3 to 12.

Hockey

Bodnarchuk joins
Stanley Cup
champs

Andrew Bodnarchuk is joining the reigning Stanley Cup champions.

The 23-year-old defenceman from Hammonds Plains has left the Boston Bruins after four seasons under contract with the organization and has inked a one-year, two-way pact with Los Angeles Kings.

Bodnarchuk has played primarily in the American Hockey League with the Providence Bruins since turning pro in 2008 and also earned a five-game stint in the NHL in 2009-10.

The Bruins allowed him to become an unrestricted free agent late last month.

"He's been with us for awhile and we chose not to qualify him and we wanted to be able to give him an opportunity to go elsewhere," Bruins general manager Peter Chiarelli told NESN.com. "He would've been a depth player for us."

Bodnarchuk is expected to take a job with the Kings' AHL affiliate, the Manchester Monarchs, and add to the organization's depth. Manchester, in New Hampshire, is only about a two-hour drive from Providence, R.I., where he played for the Bruins. **METRO**



Andrew Bodnarchuk
GETTY IMAGES FILE

Soccer

Nova Scotia U-13
team sweeps
Atlantic titles

It was a clean sweep for Nova Scotia at the Atlantic under-18 soccer championships in Conception Bay South, N.L., on Sunday.

On the boys side, Nicholas Aquino scored both goals in Nova Scotia's 2-1 win over Newfoundland and Labrador.

On the girls side, Katie Chiasson and Christina Silva found the net in a 2-0 shutout of Newfoundland and Labrador. Emily Castel and Cassidy Durston shared the clean sheet.

METRO

MLB. Blue Jays tee off on White Sox to head into All-Star break at .500

The Toronto Blue Jays got the ball up in the air and then they got out of town with a good feeling in the last game before the All-Star break.

The Blue Jays, who'd lost eight of their previous 12, hit four homers Sunday to end the Chicago White Sox's five-game winning streak with an 11-9 victory.

Colby Rasmus and Edwin Encarnacion had two-run homers in the first and Kelly Johnson and Jeff Mathis also connected on a windy day at U.S. Cellular Field when Chicago pitching yielded nine walks.

"We had a very good offensive day. High number of walks," manager John Farrell said as his team headed for four days off with a 43-43 record.

"First inning we put together, both Colby, who continues to swing the bat well, Eddie with another big home run for us. We needed every run we could put on the board the way this turned out."

The first-place White Sox got a three-run homer from Alex Rios and kept pecking away, but couldn't overcome the four-run first-inning defi-



Toronto Blue Jays, from left, Rajai Davis, Colby Rasmus and Jose Bautista, celebrate after the Blue Jays defeated the Chicago White Sox 11-9 in Chicago on Sunday.
NAM Y. HUIH/THE ASSOCIATED PRESS

cit and go the All-Star break with a 47-38 record and a three-game lead in the AL Central.

Jason Frasor (1-1), the third of five Blue Jays' relievers, was credited with the win and Casey Janssen pitched the final 1 2-3 innings for his 12th save in 13 chances.

THE ASSOCIATED PRESS

Indy Car

Hunter-Reay wins third straight race

Ryan Hunter-Reay took the checkered flag Sunday at the Honda Indy Toronto for his third straight IndyCar victory. The race ended under a yellow caution flag after two collisions occurred following a restart.

THE CANADIAN PRESS

Tour de France

Pinot rides away from the pack

Thibaut Pinot gave France its first stage victory in the Tour de France on Sunday while Bradley Wiggins of Britain kept the overall lead. At 22, the Frenchman Pinot is the youngest rider in the main pack.

THE ASSOCIATED PRESS

Federer back on top in men's tennis

Wimbledon. Swiss player beats Murray for seventh men's championship at the All England Club, reclaims No. 1 ranking

A Grand Slam title drought did indeed end in Sunday's historic and riveting Wimbledon final, only it was Roger Federer's lengthy-for-him gap between trophies that came to a close, rather than Britain's 76-year wait for a homegrown men's champion.

Making sure everyone knows he is still as capable as ever of brilliance on a tennis court — particularly one made of grass, and with a roof overhead — Federer came back to beat Andy Murray 4-6, 7-5, 6-3, 6-4 indoors on Centre Court for a record-tying seventh championship at the All England Club.

"It feels nice," Federer said, clutching the gold trophy only Pete Sampras has held as many times in the modern era. "It's like it never left me."

The victory also increased Federer's record total to 17 major titles after being stuck on No. 16 for 2 1/2 years, and clinched a return to the top of the ATP rankings, overtaking Novak Djokovic, after an absence of a little more than two years. Federer's 286th week at No. 1 ties Sampras for the most in history.

After a record seven consecutive Wimbledon finals



Roger Federer of Switzerland celebrates winning the men's singles title against Andy Murray of Britain at Wimbledon on Sunday. KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

from 2003-09, winning the first six, Federer lost in the quarter-finals in 2010 and 2011, then wasted two match points and a two-set lead against Djokovic in the U.S. Open semifinals last year, raising questions about whether he might be slipping.

After losing in the semifinals each of the previous three years, Murray was the first British man to reach the final at Wimbledon since Bunny Austin in 1938, and was trying to become the hosts' first male title winner since Fred Perry in 1936. THE ASSOCIATED PRESS

Juniors

Canadians big winners on grass

Filip Peliwo made it a clean sweep for Canada in the junior singles finals at Wimbledon.

The 18-year-old from Vancouver beat Australia's Luke Saville 7-5, 6-4 on Sunday to win the boys' crown, a day after fellow Canuck Eugene

Bouchard won the girls' trophy.

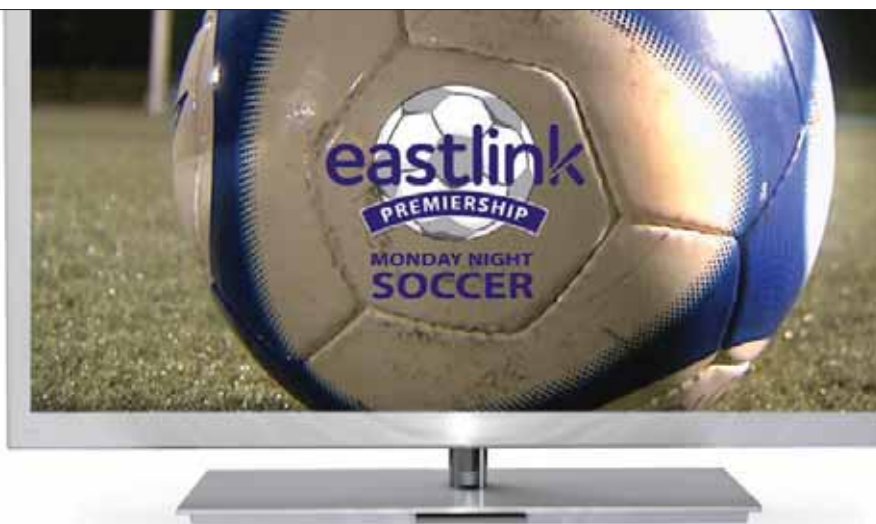
The Westmount, Que., native also added the girls' doubles crown on Sunday as she and Taylor Townsend of the U.S. defeated Switzerland's Belinda Bencic and Croatia's Ana Konjuh 6-4, 6-3. The wins gave Canada an unprecedented three titles at a Grand Slam event.

THE CANADIAN PRESS



Eastlink Premiership Soccer (Women's)

Halifax Dunbrack vs. Halifax County
Tonight at 6:30pm



eastlinktv.com

HELP WANTED

General Help



Positions are located at the **Atlantica Hotel & Marina Oak Island Resort, Spa and Convention Centre Facility**, only 45 minutes away from Halifax.

Assistant Guest Services Manager

The successful applicant will provide excellence in guest service and act as a liaison between the hotel and our guests, always responding to guest requests and concerns in a personal, prompt and courteous manner with the ability to think "outside the box".

Registered Massage Therapists

Must have a registered massage therapist with provincial certification.

Chef de Partie - Banquets

The ideal candidate will have two or more years in a busy, full service, high volume kitchen environment with a positive attitude and willingness to grow and develop.

Please apply with cover letter and resume to Jennifer Young, Administrative Assistant
hr@atlanticaoakisland.com
Fax 902-627-1162



General Help

RENTALS

Apartments Unfurnished

Be Your Own Landlord

For A Free Special Report on
How To Stop Renting Visit:

www.HalifaxPerfectStarter.com

Ron Basque RE/MAX Options

MERCHANDISE

Merchandise for Sale

1/4 hp Flotec submersible sump pump, 18" diameter basin & lid for sale. Brand new never been used worth \$200.00 all 3 items for 1/2 price. \$100 Call 209-5262

atlanticGOLF warehouse.ca
BIG BRANDS, small prices
TaylorMade, Callaway, Nike, Ogio
40-60% off entire store and NO TAX!
Pick-up Available in HRM

Firewood for sale UNSPLIT AND CHEAP!
Cannot deliver will help load!
scottpyke1983@gmail.com
Located Eastern Passage

NSCC TEXT BOOKS Have 3 text books for sale in excellent condition for the Office Administration Program at NSCC.
\$40 EACH 902-429-5833

Place your ad in
Metro classifieds
metroclassifieds.ca
1 800 527-6767

SERVICES

Other Services

Gusto Painting
Over 25 years experience
Interior/Exterior painting
Call today for a free estimate!
902-475-1494

HOUSEHOLD SERVICES

General Services

Adanac Construction Free Estimates!
Carpentry, Siding, Window, Doors, Decks & Floors. We build Sheds, Garages etc...
Fully Insured Call Stephen at **469-0536**

Landscapers/Gardening

A-1 Landscaping & Irrigation
Authorized dealer for Rainbird & Toro
• 5 yr warranty • Complete landscape service • Free estimates
Call Jon at 902-802-1195
cariboo895@hotmail.com

Green Roots Landscaping
For all your landscaping needs!
Free Estimates
Contact us at 220-6480 / Scott@rdhfx.com

Movers

MoveRite
17 ft Truck & 2 Men
\$75.00 per hour
No Minimum
No Gas Surcharge
Residential & Commercial
Local & Long Distance
440-6817
moverite11@gmail.com

Trades

B D S Home Improvements
One Call CAN Do It All!
•Roofing •Siding •Soffit •Facia •Gutters
•Window & Door Replacement
Insurance & WCB Licensed
Senior discounts
FREE Quotes
Call Brian 902-456-4249

FINISH CARPENTER
SPECIALIZING in bathrooms, exterior windows & doors and all renovations
30 YEARS EXPERIENCE
10% discount for seniors
Lyndel Munro 902-252-5238
http://users.eastlink.ca/~lyndelmunro/

Lafitte's Roofing
For Top Quality Roofs ANYONE Can Afford
•Repair •Re-Shingle •Re-Sheet
10-Year Warranty
•Soffit •Fascia •& More
We Beat ANY Quote
(902)209-1701 or (902)821-2390

NEED Your Driveway Paved?
Summer Special
Call 404-7044
FREE Estimates
Seniors Discounts



Miscellaneous

Trades

NOISY BATHROOM FAN?
thefanwhisperer.com
NEW FAN WITH INSTALL \$99.00
902-830-9493

Junk Removal

GERALD'S TRUCKING & GARBAGE HAUL
Residential & Commercial
•Basements •Attics •Backyards Cleaned
•Demolition & Site Clean Ups •Recycling
Established 1968
Call 902-443-8799

TIME TO TOSS IT

Debris removal, estate clean ups, small demos, unit clear outs, basements, yards & construction. **902-449-0232**

ANNOUNCEMENTS

Community Events

NOW OPEN!
PARKVILLE CAMPGROUND
CALL FOR SPECIAL ON SEASONAL LOTS!! (many good spots open)
4834 Highway 215, Noel (902)256-2290
parkvillecampground@hotmail.ca

Miscellaneous

Part Time/Temporary/Seasonal

WORK @ HOME, WATCH SPORTS, GET PAID!

If you are looking for a few extra hours in the evenings and weekends entering in sports stats and information on all the latest happenings around the world, then we have the job for you!

Computer and keyboarding skills, detailed oriented, and ability to multi-task are some of the skills required. Knowledge of the major sports to include NHL, NFL, and NBA are essential. For more information you can visit www.sportsdirectinc.com.

AUTOMOTIVE

Cars & Trucks for Sale

ESTATE VEHICLE FOR SALE - \$14,999
2010 FORD FOCUS SE
4 door sedan,
12,529 kms, 18 month remaining
on warranty. Last MVI June 29/12,
PW, PL, AC, sync, Sirius, CD, etc.
Call Crowther & Brayley 497-1810

Recreational Vehicles

AT ORANGE RV Inc.
What Do We Offer?
Call Us Today to Find Out!
902-259-3006

Place your ad in
Metro classifieds
metroclassifieds.ca
1 800 527-6767

Sell Your Stuff For FREE! Call 1-800-527-6767

Limited space Available Size 1.535" X .542", Limit 1/day, 2/wk

1 Sunquest Tanning Bed
\$900
(902)877-9627

2 JOHN COUGAR MELLANCAMP TICKETS
for July 10, section 13. (reg \$160)
MUST SELL!!! First \$100 takes both
902-401-8616

4 ft WOODEN WISHING WELL
Make an offer
902-236-2132

Dining set with chairs with matching buffet
and hutch with wine rack. \$2500 for set.
902-407-9735

LOOKING FOR 2 good used tires
P205 65/R 16
Call with offer
902-236-2132

• Tim Burton's series 4 Mummy Boy, Bat Kid, Rat and Toy Train, Hangable cases \$50.00
• 20th Century Fox (Predator), Extreme Head Knockers (1987) \$30.00 (902)404-9229

12" Samsung Color TV with long lasting
4 diamond head VCR built in.
Great working Condition Asking \$40
902-404-9229

2 round planter tables
Solid oak
\$50.00 each
902-860-4040

Boy's Mongoose Shimono
bike - 21" \$40
Call 902-469-9848

LIGHT UP "Open" SIGN
Asking \$75.00
902-477-4676

Medium size deep freezer
White and in good condition
\$40.00
(902)477-8336

Wanted
Flea Market Items
(902)292-8228

13 year old Kenmore washer. 70 series. Heavy
duty, top loading.
\$60 obo.
Call (902)463-4950

• 30 bit screwdriver, never used • 7 1/4 inch
craftsman circular saw • Folding black &
decker work bench • 2 burner coleman stove.
New •Priced to sell - Call (902)445-5167

Brand New Wheelbarrow
Never Used!
Best Offer
902-236-2132

Limited spaces avail. Get yours today!
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

Red velvet chaise lounge. From Sears, only
one year old. Selling for \$250.
Call (902)466-0837

• Work table 4' wide by 2' long, plywood
top and folding legs with chair
\$25 for both
(902)407-9735

2 dog carriers large and small
Mint condition \$10 each of 2 for \$15
902-827-2560

4 drawer office
filing cabinet
\$40.00
(902)877-9627

Camera 1 step and flash \$10.00
Older movie camera \$10.00
(902)469-9848

Looking to Buy
Furniture & Antiques
Call (902)292-8228

Small Complete Aquarium
Has filter, light, etc
\$10 Del Available
902-827-2560

Your Free Ad Here !
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

AVAILABLE ANYWHERE.

DOWNLOAD THE NEW METRO APP TODAY!

iPad | iPhone

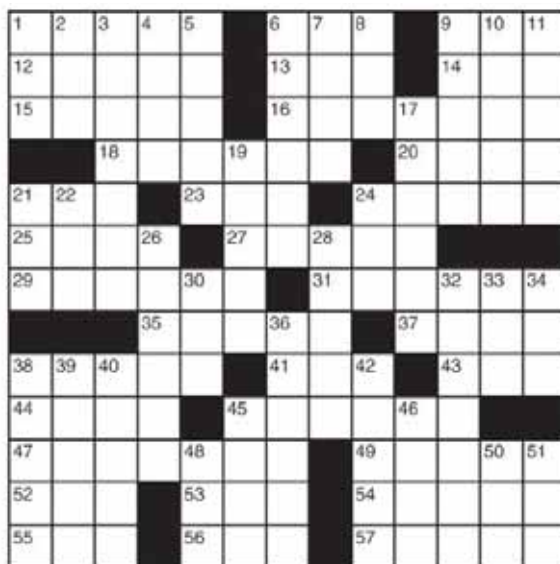


Across

- 1 Advice
- 6 Morse morsel
- 9 Mel of baseball lore
- 12 1960s jacket style
- 13 Rangers' play area
- 14 Spoon-bender Geller
- 15 Ermine
- 16 Eerie figure
- 18 Censors, in a way
- 20 Chills and fever
- 21 Robert Mueller's org.
- 23 Prior night
- 24 Dalmatian pattern
- 25 Outer garment
- 27 "He's — nowhere man"
- 29 Redeemed a check
- 31 Hebrew letters
- 35 Saxophonist's supply
- 37 "Scat!"
- 38 Biz bigwig
- 41 Insurrectionist, for short
- 43 Toss into the mix
- 44 Dogfight participants
- 45 Nab
- 47 PR event
- 49 Lessen
- 52 Started
- 53 Blackbird
- 54 Catcalls?
- 55 Before
- 56 Understanding

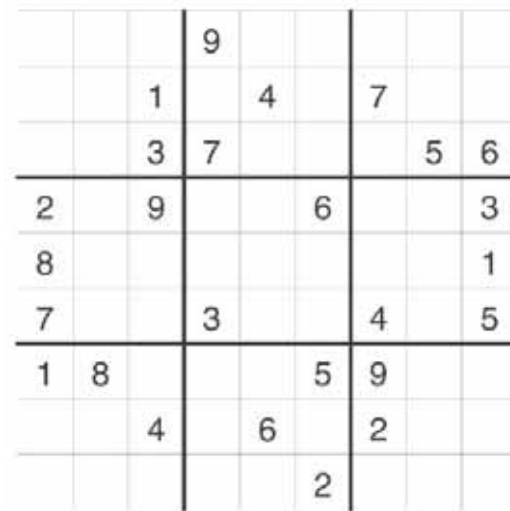
Down

- 1 Officeholders
- 2 Trawler equipment
- 3 Fears
- 4 Caspian feeder
- 5 Private student
- 6 Ladle
- 7 Pulitzer contempor-ary
- 8 Darjeeling, e.g.
- 9 Expenditure
- 10 Angler's prize
- 11 7-Down's paper
- 17 Campania's capital
- 19 Duck
- 21 Govt. agency
- 22 Feathery accessory
- 24 Frivolous one in an old song
- 26 Fencing move
- 28 Museum supporter
- 30 Conger
- 32 Old Egyptian ruler
- 33 Scuttle
- 34 Turf
- 36 Visit briefly
- 38 Syrup flavor
- 39 Earth tone
- 40 Crystal-lined rock
- 42 Point a finger at



- 45 Traffic pylon
- 46 Encourage evildoers
- 48 Squirrel's home
- 50 Teeter-totter quorum

51 Curvaceous character?



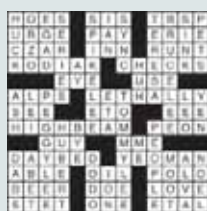
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku

4	3	9	5	1	2	6	8	7
6	2	5	8	3	7	4	9	1
1	7	8	9	4	5	3	5	2
8	9	7	3	5	1	2	4	6
5	1	4	6	2	8	7	3	9
2	6	3	4	7	9	5	1	8
7	5	1	2	8	4	9	6	3
9	4	2	1	6	3	8	7	5
3	8	6	7	9	5	1	2	4

Friday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

EDVT P AYCVL-LBJBZ KA
QLVPZVS ZDPZ CWBEA WPTS.
EKWW KZ JV PT PYZBXPZVS
ZKWWVL XPQDKTV?

Yesterday's Cryptoquip: IF A GROUP OF PERCUSSIONISTS WENT AROUND SWIPING THINGS, SHOULD IT BE CALLED A STEAL BAND?
Today's Cryptoquip Clue: K equals I



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

♈ Aries | March 21 - April 20.

There have been so many good times of late that today's events may seem a bit of a letdown. Don't worry

♉ Taurus | April 21 - May 21. Try not to be guided by mob mentality today. Common sense will take you further.

♊ Gemini | May 22 - June 20.

There is something you have wanted to do for months, maybe years, but somehow never quite got around to starting. Act now

♋ Cancer | June 21 - July 22.

The more others insist that you need to shift your position the more you should insist on staying right where you are.

♌ Leo | July 23 - Aug. 22. Adopt a wait and see attitude today and don't let others pressure you into making a snap decision.

♍ Virgo | Aug. 23 - Sept. 22.

You are on the right track and making considerable progress, so get rid of that gloomy outlook you picked up along the way and believe that wonderful things are going to happen in the very near future — and they will.

♎ Libra | Sept. 23 - Oct. 22.

You may not approve of what a friend or colleague is up to but what can you do about it?

♏ Scorpio | Oct. 23 - Nov. 21.

Don't give in to feelings of self-pity today because there is so much you can do to improve your life.

♐ Sagittarius | Nov. 22 - Dec. 21.

It would appear that someone is plotting behind the scenes and while you may not be their target you still need to take steps to protect yourself.

♑ Capricorn | Dec. 22 - Jan 20.

Is it too late to change the outcome of a situation that has been gaining momentum for quite some time?

♒ Aquarius | Jan. 21 - Feb 18.

There is no point trying to tell certain individuals where they are going wrong because they won't listen

♓ Pisces | Feb. 19 - March 20.

One of the most important things in life is that you are true to your own feelings, and if you don't feel it is right to help someone whose actions you disapprove of today then by all means turn away.

SALLY BROMPTON



Caption Contest

"Eat your heart out, Puss in Boots!"
Demetrios

APICHAET WEERAWONG/ THE ASSOCIATED PRESS

Win!



You write it!

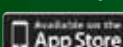
Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



AVAILABLE ANYWHERE.

DOWNLOAD THE NEW METRO APP TODAY!

iPad | iPhone



metro

Christmas in July



WINTER TIRES
NOW INCLUDED THIS MONTH ONLY AT
O'REGAN'S HYUNDAI DARTMOUTH
ENDS JULY 31ST



2012 **ACCENT** 4 DOOR

STARTING AT **\$14,694***

BUY FROM **\$75***
B/W

WINTER TIRES INCLUDED!*



HIGHWAY
4.9L/100 KM
58 MPG*



2012 **ELANTRA** TOURING GL STARTING AT **\$15,995***

BUY FROM **\$89***
B/W

WINTER TIRES INCLUDED!*



HIGHWAY
6.4L/100 KM
44 MPG*



2012 **SONATA** GL STARTING AT **\$20,264***

BUY FROM **\$108***
B/W

WINTER TIRES INCLUDED!*



HIGHWAY
5.7L/100 KM
50 MPG*

*Includes freight and PDI. Taxes and fees extra. **Winter tires included in payments only. See dealer for full details.



O'REGAN'S
DRIVING HIGHER STANDARDS

DARTMOUTH
HYUNDAI

60 BAKER DRIVE, UNIT - D
465-7500
oreganshyundaiddartmouth.com